# Orange Public Schools Office of Innovation

Health I (9th)



Board Approval Date: <u>October 11, 2022</u>

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## Comprehensive Health and Physical Education Grades 9-12

Course Description: The Health Education curriculum is designed to promote information and skills students need to become health literate, maintain and improve health, prevent disease and reduce the health-related risk behaviors. The purpose of the program is to insure that each child will grow to understand the importance of personal health for a lifetime of wellness.

Scope and Sequence

Timeline	Concepts
Weeks 1 - 2	Nutrition and Food Safety - 10 classes
	Need for nutrients, healthy diets, weight control, eating
	disorders, and wise food consumer
Weeks 3 - 5	Mental and Emotional Health - 11 classes
	Mental Health
	Mental Disorders
	Stress in Your Life
Weeks 6 - 7	Sexual Health - 15 classes
	Male and Female Reproductive Systems
	Types of Contraception and Abstinence
	Sexually Transmitted Diseases
Weeks 8 - 10	Medicine & Drugs - 15 classes
	Over the Counter and Prescribed
	Vaping, E-Cigarettes, Marijuana, Opioids
	Substance Abuse and Dependency

Unit I	Nutrition and Food Safety		Grade(s)	Health, Grade 9
Unit Plan Title:	Healthy Diets			
Overview/Rationale				
This unit focuses on	nutritious food choices that promote we	llness and are the basis f	or healthy e	ating habits.
New Jersey Student	Learning Standards			
• 2.2.12.N.1: 0	Compare and contrast the nutritional trer	nds, eating habits, and th	e impact of	marketing foods on
adolescents	and young adults nationally and worldwi	ide.		
• 2.2.12.N.2: [	Determine the relationship of nutrition ar	nd physical activity to we	ight loss, gai	in, and maintenance.
• 2.2.12.N.3: Analyze the unique contributions of each nutrient class (e.g., fats, carbohydrates, protein, water,				
vitamins, mi	nerals) to one's health and fitness.			
• 2.2.12.N.4: I	mplement strategies and monitor progre	ess in achieving a persona	al nutritional	health plan.
• 2.2.12.N.5: F	Research present trends in plant based ar	nd organic food choices a	nd industrie	s that have shown an
impact on lo	wering heart, cancer, diabetes, and othe	r diseases.		
Career Readiness, Lit	fe Literacies, and Key Skills			
	a responsible and contributing citizen ar			
	appropriate academic and technical skill			
	d to personal health and financial well-be	-		
	nunicate clearly and effectively and with			
	der the environmental, social and econor	nic impacts of decisions.		
	nstrate creativity and innovation.			
	by valid and reliable research strategies.			
	e critical thinking to make sense of proble	•	ing them.	
	l integrity, ethical leadership and effectiv	-		
	education and career paths aligned to pe	ersonal goals.		
	technology to enhance productivity.			
• CRP12. Worl	k productively in teams while using cultur	ral global competence.		
Computer	r Science and Design Thinking	Interdi	isciplinary St	andards
		NJSLSA.R1. Read closel	y to determi	ine what the text says
8.2.2.ETW.1: Classify	products as resulting from nature or	explicitly and to make logical inferences and relevant connections from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the		ences and relevant
produced as a result	of technology.			
	y the natural resources needed to	text.		
create a product.				
0 7 7 ET\// 7. Dese:	a or model the system used for	NJSLSA.R3. Analyze ho		
	be or model the system used for	ideas develop and inte	ract over the	e course of a text.
recycling technology.		NJSLSA.R7. Integrate a	nd evaluate	content presented in
8 2 2 FTW 4. Fynlain	how the disposal of or reusing a	diverse media and form		
-	ocal and global environment.	quantitatively, as well		
product anects the l		quantitativery, as well		
		RST.9-10.1. Accurately	-	-
		from the text to suppo	rt analycic o	faciones and tachnical

8.2.2. EC.1: Identify and compare technology used in different schools, communities, regions, and parts of the world.	texts, attending to precise details for explanations or descriptions.
8.2.8.ITH.1: Explain how the development and use of technology influences economic, political, social, and cultural issues.	NJSLSA.W4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
	NJSLSA.W5. Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.
	NJSLSA.W6. Use technology, including the Internet, to produce and publish writing and to interact and collaborate with others.
	NJSLSA.W10. Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.
	WHST.9-10.2. Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.
21 <sup>st</sup> Century Skills:	Check all that apply

#### 21<sup>st</sup> Century Skills: Check all that apply

x	Civic Literacy	х	Communication
x	Global Awareness	х	Critical Thinking and Problem Solving
x	Health Literacy	х	Collaboration
x	Financial, Economic, Business, & Entrepreneurial Literacy	х	Creativity and Innovation
x	Environmental Literacy		Other:

Essential Question(s)

- How would you differentiate nutrition, vitamins, minerals, and calories?
- How do you identify the six main nutrient categories and their functions?
- How do you analyze a nutrition label and plan a balanced meal using MyPlate?
- How would you plan to maintain a healthy weight?
- How would you explain different eating disorders?

Enduring Understandings

- Nutrients are substances in food that the body needs to function properly such as in growing, in repairing itself, and in having a supply of energy.
- A varied, moderate, and balanced diet is the basis of a healthy eating pattern.
- The federal government maintains an ongoing program of enacting new regulations and providing important information to consumers.

<ul> <li>Both obesity and being underweight are health risks.</li> </ul>			
Student Learning Targets/Objectives			
I can describe factors that influence food choices.			
<ul> <li>I can list the differences</li> </ul>	<ul> <li>I can list the differences between nutrients and nutrition</li> </ul>		
<ul> <li>I can identify the six ma</li> </ul>	in nutrient categories and their functions		
<ul> <li>I can understand the dif</li> </ul>	fference between vitamins and minerals		
<ul> <li>I can describe principles</li> </ul>	s necessary to maintain a healthy weight		
• I can create a balanced	meal using MyPlate		
<ul> <li>I can analyze nutrition la</li> </ul>	abels required information		
<ul> <li>I can analyze calories ar</li> </ul>	nd caloric intake		
<ul> <li>I can identify different e</li> </ul>	eating disorders		
<ul> <li>I can recognize foodbor</li> </ul>	ne illnesses and food allergies		
Assessments			
Formative: Chapter Do Now and	d Defining Terms		
Summative: Chapter Quizzes an	d Test		
Authentic: Micronutrient Project	t and MyPlate Meal Plan		
	Teaching and Learning Actions		
	Instructional Strategies (Student Led Modeling Support):		
Instructional Strategies	<ul> <li>Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one</li> </ul>		
	instruction, class website (Google Classroom), Handouts, Definition List, Syllabus		
	<ul> <li>Give students a MENU options allowing students to pick assignments from</li> </ul>		
	different levels based on difficulty. Students have the option of learning the		
	curriculum in their comfort level and challenge themselves for growth.		
	Special Education Students Modifications (Teacher Led Modeling Support):		
	<ul> <li>Adhere to all modifications and health concerns stated in each IEP.</li> </ul>		
	<ul> <li>Accommodating Instructional Strategies, Reading Aloud, Graphic Organizers,</li> </ul>		
	Reading Study Guides, one-on-one instruction, class website (Google		
	Classroom), Handouts, Definition List, Syllabus, Large Print, Outlines		
	English Language Learners (ELL) Students:		
	<ul> <li>Use the Britannica launch pack software; give students the option to change the</li> </ul>		
	language of the article to the student's native language for most articles.		
	<ul> <li>Snap and read Google extension addition. Will read to the student in the</li> </ul>		
	language selected		
	<ul> <li>Use visuals whenever possible to support classroom instruction and classroom</li> </ul>		
activities.			
<ul> <li>Teacher modeling and written instructions for every assignment</li> </ul>			
At Risk Of Failure Students:			
	<ul> <li>Give students a MENU options allowing students to pick activities based on</li> </ul>		
	interest that address the objectives and standards of the unit		
	Modified Instructional Strategies D Reading Aloud, Graphic Organizers, Reading		
	Study Guides, small learning group instruction, class website (Google		

	<ul> <li>Classroom), Syllabus, inclusion of more visuals and Films, Field Trips, Google Expeditions, Peer Support, one on one instruction</li> <li>Constant parental contact along with mandatory tutoring appointments</li> <li>Academic Contracts</li> </ul>
	Gifted and Talented Students:
	<ul> <li>Modified instructional strategies Socratic Seminar, Group Discussion, Think-Pair-Share, Individual Assignments graded on a more rigorous rubric and Multimedia Projects.</li> <li>Student led classroom instruction also Project Based Learning (Example: Have each student choose a health professional he or she would like to be. Have children draw themselves as the health professional doing his or her job.)</li> </ul>
	Students With A 504:
	<ul> <li>Adhere to all modifications and health concerns stated in504 plan. Then assess the academics of the student to implement the necessary modifications as described in this document</li> </ul>
Activities: Including G/T, SE,	Textbook - <u>Health: A Guide to Wellness</u>
and ELL Differentiation	Read and review chapter content, note taking of important concepts, open-ended questions, true/false questions, "what if scenarios" to check for understanding, exit tickets, and short quizzes at the end of the unit. Reading topics in this unit include:
	<b>Lesson 1 - Your Need for Food</b> Read and Discuss chapter content, pgs. 371 - 375 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 1 Quiz
	Lesson 2 - Your Body's Need for Nutrition
	Read and Discuss chapter content, pgs. 376 - 384 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson2 Quiz
	<b>Lesson 3 - Choosing a Healthy Diet</b> Read and Discuss chapter content, pgs. 385 - 392 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 3 Quiz
	<b>Lesson 4 - Being a Wise Food Consumer</b> Read and Discuss chapter content, pgs. 393 - 397 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 4 Quiz
	<b>Lesson 5 - Weight Control</b> Read and Discuss chapter content, pgs. 403 - 410 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 5 Quiz

https://www.ted.com/talks/mads_talg_christensen_the_brain_science_or_obesity:hanguage=en https://www.ted.com/talks/emma_bryce_what_is_a_calorie?language=en https://www.ted.com/talks/nicole_avena_how_sugar_affects_the_brain?language=en		
https://www.youtube.com/watch?v=wTNIHyjip94 https://www.ted.com/talks/mads tang christensen the brain science of obesity?language=en		
https://www.ted.com/talks/anees_bahji_why_are_eating_disorders_so_hard_to_treat?language=en_		
https://www.dietaryguidelines.gov/sites/default/files/2020-12/Dietary_Guidelines_for_Americans_2020-2025.pdf https://www.cdc.gov/nutrition/micronutrient-malnutrition/about-micronutrients/index.html		
( <u>https://www.myplate.gov/</u> ) https://www.dietaryguidelines.gov/	gov/sites/default/files/2020-12/Dietary Guidelines for Americans 2020-2025 pdf	
Glencoe Health A Guide to Welli Google classroom	ness 5th edition by Merki & Merki	
Resources	nass Eth adition by Marki & Marki	
field trips)		
Experiences (virtual and live	https://www.healthyeating.org/products-and-activities/programs-services/farm-to- you/mobile-dairy-classroom/virtual-field-trips	
	nutritious meal plans	
	Individual Writing Assignment: Using MyPlate guidelines ( <u>https://www.myplate.gov/</u> ) students will create week-long varied, balanced, and	
	( <u>https://www.cdc.gov/nutrition/micronutrient-malnutrition/about-</u> micronutrients/index.html)	
	Micronutrients listed on the CDC website to further analyze and present to the class	
	Group Project: Micronutrients- In groups of 2 and 3 if needed, students will select	
	Administer Lesson 7 Quiz	
	Read and Discuss chapter content, pgs. 416 - 419 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts	
	Lesson 7 - Food And Your Safety	
	Administer Lesson 6 Quiz	
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts	
	Lesson 6 - Eating Disorders and Sports Nutrition Read and Discuss chapter content, pgs. 411 - 415	

Unit II	Mental Health		Grade(s)	Health, Grade 9
Unit Plan Title:	Mental Health and Mental Disorders		01000(0)	
Overview/Rationale				
-	- mental health and the relation of physic	cal and montal health	co ac to only	anco studont
	udes, and behaviors that promote healt			
	•	n, wen-being, and nur	nan ugnity.	
New Jersey Student				
	1: Develop a health care plan that includ	•	0	
	yle, attend to mental health, and foster a			
	2: Predict how healthy and unhealthy be		ain developm	ient and impact
	cial and emotional stages of early adulth		al tala a tifu a la a	
	: Recognize one's personal traits, strengt	ths, and limitations an	id identify no	iw to develop skills to
	ealthy lifestyle.	tional and assist impo	at af mantal	haalth illaaca ay tha
	: Analyze factors that influence the emot	tional and social impa-	ct of mental	nearth liness on the
family.	: Describe strategies to appropriately res	spond to stressors in a	variety of ci	tuations (e.g.
	relationships, shootings, death, car accid		i variety UI SI	נטמנוטווא (ב.צ.,
	: Analyze and adapt mental and emotion		ad communic	sation techniques to
	ther specific target audience (e.g., dime	-		ation techniques to
		fisions of fleattrij.		
Career Readiness, Li	ife Literacies, and Key Skills			
• CRP1. Act as	s a responsible and contributing citizen a	and employee.		
	appropriate academic and technical ski			
	d to personal health and financial well-b			
	nunicate clearly and effectively and with	-		
	der the environmental, social and econo		ons.	
	onstrate creativity and innovation.	·		
	oy valid and reliable research strategies.			
	e critical thinking to make sense of probl		solving then	۱.
• CRP9. Mode	el integrity, ethical leadership and effecti	ive management.	-	
• CRP10. Plan	education and career paths aligned to p	personal goals.		
• CRP11. Use	technology to enhance productivity.			
CRP12. Wor	k productively in teams while using culti	ural global competend	ce.	
Computer Science a	nd Design Thinking	Inter	disciplinary S	Standards
		NJSLSA.R1. Read clo	sely to deter	mine what the text says
8.2.5.ITH.1: Explain how societal needs and wants		explicitly and to make logical inferences and relevant		
influence the development and function of a product and		connections from it; cite specific textual evidence when		
a system.		writing or speaking	to support co	onclusions drawn from
8 7 5 ITH 7. Evaluat	8.2.5.ITH.2: Evaluate how well a new tool has met its			
		NISISA RZ Analyze	how and wh	y individuals, events,
intended purpose and identify any shortcomings it might have.		-		
have		ב מתוםעומה סבפחו חחב	nd interact o	over the course of a text.

· · · · · · · · · · · · · · · · · · ·	
8.2.5.ITH.3: Analyze the effectiveness of a new product or	NJSLSA.R7. Integrate and evaluate content presented in
system and identify the positive and/or negative	diverse media and formats, including visually and
consequences resulting from its use.	quantitatively, as well as in words.
8.2.5.ITH.4: Describe a technology/tool that has made the	RST.9-10.1. Accurately cite strong and thorough
way people live easier or has led to a new business or	evidence from the text to support analysis of science
career.	and technical texts, attending to precise details for
	explanations or descriptions.
8.2.5. NT.1: Troubleshoot a product that has stopped	
working and brainstorm ideas to correct the problem.	NJSLSA.W4. Produce clear and coherent writing in which
	the development, organization, and style are appropriate
8.2.5. NT.2: Identify new technologies resulting from the	to task, purpose, and audience.
demands, values, and interests of individuals, businesses,	NICLEA WE Develop and strengthen writing as needed
industries, and societies.	NJSLSA.W5. Develop and strengthen writing as needed
	by planning, revising, editing, rewriting, or trying a new
8.2.5. NT.3: Redesign an existing product for a different	approach.
purpose in a collaborative team.	NJSLSA.W6. Use technology, including the Internet, to
8.2.5. NT.4: Identify how improvement in the	produce and publish writing and to interact and
understanding of materials science impacts technologies.	collaborate with others.
	NICLCA MIAO Muite reutinely ever extended time frames
8.2.5. EC.1: Analyze how technology has contributed to or	NJSLSA.W10. Write routinely over extended time frames
reduced inequities in local and global communities and	(time for research, reflection, and revision) and shorter
determine its short- and long-term effects.	time frames (a single sitting or a day or two) for a range
-	of tasks, purposes, and audiences.
	WHST.9-10.2. Write informative/explanatory texts,
	including the narration of historical events, scientific
	procedures/ experiments, or technical processes.

x	Civic Literacy	х	Communication		
x	Global Awareness	х	Critical Thinking and Problem Solving		
x	Health Literacy	х	Collaboration		
	Financial, Economic, Business, & Entrepreneurial Literacy	х	Creativity and Innovation		
x	Environmental Literacy		Other:		
Ess	ential Question(s)				
	• How would describe the characteristics of positive a	and n	egative mental health?		
	<ul> <li>How would you list the hierarchy of needs?</li> </ul>				

• How would you define personality and describe the factors that influence a person's personality?

• How can you analyze the different mental disorders and their treatment?

# Enduring Understandings

• Serious mental health problems require the assistance of a mental health professional

- Self-esteem is directly related to one's general level of overall wellness
- All human beings have basic needs
- Stress can affect your mental, physical, and social health

#### Student Learning Targets/Objectives

- I can define and characterize mental health
- I can describe how self-esteem is directly related to your general level of wellness
- I can recognize all human beings have basic needs and create priorities in meeting those needs
- I can analyze how personality is influenced by a variety of factors
- I can describe how emotions influence everything you do
- I can analyze how chemicals called hormones cause growth and changes in the body
- I can list positive and negative ways to handle emotions
- I can recognize stigmas against the mental ill take a variety of forms
- I can analyze mental illness at any level poses special problems for the individual, the therapist, and society
- I can recognize serious mental problems require the assistance of a mental health professional
- I can describe stress and identify its effects on mental, physical, and social health

#### Assessments

Formative: Chapter Do Now and Defining Terms

Summative: Chapter Quizzes and Test

Authentic: Mental Health Advocacy Project https://www.ucop.edu/student-mental-health-resources/suicide-prevention/awareness-campaigns.html

Teaching and Learning Actions		
	Instructional Strategies (Student Led Modeling Support):	
Instructional Strategies	<ul> <li>Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus</li> <li>Give students a MENU options allowing students to pick assignments from different levels based on difficulty. Students have the option of learning the curriculum in their comfort level and challenge themselves for growth.</li> </ul>	
	Special Education Students Modifications (Teacher Led Modeling Support):	
	<ul> <li>Adhere to all modifications and health concerns stated in each IEP.</li> <li>Accommodating Instructional Strategies, Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus, Large Print, Outlines</li> </ul>	
	English Language Learners (ELL) Students:	
	<ul> <li>Give students the option to change the language of the article to the student's native language for most articles.</li> <li>Snap and read Google extension addition. Will read to the student in the language selected</li> <li>Use visuals whenever possible to support classroom instruction and classroom activities.</li> <li>Teacher modeling and written instructions for every assignment</li> </ul> At Risk Of Failure Students:	
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	<ul> <li>Give students a MENU options allowing students to pick activities based on interest that address the objectives and standards of the unit</li> <li>Modified Instructional Strategies D Reading Aloud, Graphic Organizers, Reading Study Guides, small learning group instruction, class website (Google Classroom), Syllabus, inclusion of more visuals and Films, Field Trips, Google Expeditions, Peer Support, one on one instruction</li> <li>Constant parental contact along with mandatory tutoring appointments</li> <li>Academic Contracts</li> </ul>		
	Gifted and Talented Students:		
	<ul> <li>Modified instructional strategies Socratic Seminar, Group Discussion, Think- Pair-Share, Individual Assignments graded on a more rigorous rubric and Multimedia Projects.</li> <li>Student led classroom instruction also Project Based Learning</li> </ul>		
	Students With A 504:		
	<ul> <li>Adhere to all modifications and health concerns stated in504 plan. Then assess the academics of the student to implement the necessary modifications as described in this document</li> </ul>		
Activities: Including G/T, SE, and ELL Differentiation	Textbook - <u>Health: A Guide to Wellness</u> Read and review chapter content, note taking of important concepts, open-ended questions, true/false questions, "what if scenarios" to check for understanding, exit tickets, and short quizzes at the end of the unit. Reading topics in this unit include:		
	Lesson 1 - Self Esteem and Your Health		
	Read and Discuss chapter content, pgs. 10-15		
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts		
	Administer Lesson 1 Review		
	Lesson 2 -What is Mental Health Read and Discuss chapter content, pgs. 27-31		
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts		
	Administer Lesson 2 Quiz		
	Lesson 3 -Understanding Your Needs, Understanding Your Personality		
	Read and Discuss chapter content, pgs. 32-36		
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts		
	Administer Lesson 3 Review		
	Lesson 4 -Understanding Emotions		
	Read and Discuss chapter content, pgs. 37-43		
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts		
	Administer Lesson 4 Quiz		

	<ul> <li>Lesson 5 - What are Mental Disorders? Read and Discuss chapter content, pgs. 49-54 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 5 Review</li> <li>Lesson 6 - Knowing When Someone Needs Help Read and Discuss chapter content, pgs. 55-59 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 6 Quiz</li> <li>Lesson 7 - Understanding Your Needs, Understanding Your Personality Read and Discuss chapter content, pgs. 32-36 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 7 Review</li> <li>Lesson 8 - What is Stress? Read and Discuss chapter content, pgs. 65-71 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 8 Review</li> <li>Lesson 9 - Coping with Stress Read and Discuss chapter content, pgs. 72-77 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 9 Review</li> <li>Lesson 9 - Coping with Stress Read and Discuss chapter content, pgs. 72-77 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 9 Quiz</li> <li>Group Project: Mental Health Advocacy - in groups of 2 or 3 if needed, students will</li> </ul>		
	develop their own campaign advocating for mental health awareness (ie: commercials, newsletters, billboards, fliers, speeches.		
Experiences (virtual and live field trips)	Social Worker guest speaker Field trip to SPACE		
Resources			
	llness 5th edition by Merki & Merki		
Google classroom			
https://www.ted.com/talks/sangu_delle_there_s_no_shame_in_taking_care_of_your_mental_health?language=en			
https://www.ted.com/talks/daniel_levitin_how_to_stay_calm_when_you_know_you_ll_be_stressed?language=en			
https://www.ted.com/talks/guy_winch_why_we_all_need_to_practice_emotional_first_aid?language=en			
https://www.ted.com/talks/vikram_patel_mental_health_for_all_by_involving_all?language=en			
https://www.ted.com/talks/thomas insel toward a new understanding of mental illness?language=en			
https://www.nimh.nih.gov/			
https://ny.pbslearningmedia.org/subjects/health-and-physical-education/personal-mental-and-emotional-health/			
https://platform.everfi.net/teacher/catalog			
https://www.ucon.edu/student.mental.health.resources/suiside.nrevention/awareness.compaigns.html			

https://www.ucop.edu/student-mental-health-resources/suicide-prevention/awareness-campaigns.html

Pacing/ Time Frame:	11 Class Periods (45-minute class periods)
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Unit III	Sexual Health		Grade(s)	Health, Grade 9
Unit Plan Title:	Unit Plan Title: Reproduction, Contraception and Abstinence, and STD's			
Overview/Rationale				
This unit focuses on the structures and functions of the male and female reproductive systems. This unit examines the potential issues that can occur in the male and female reproductive organs, in addition to ways to care for those problems. This unit concludes with effective methods of contraception and examining Sexually Transmitted Diseases				
causes and ways of	receiving care.			
New Jersey Student	Learning Standards			
<ul> <li>2.1.12.SSH.1: Analyze the influences of peers, family, media, social norms and culture on the expression of gender, sexual orientation, and identity.</li> <li>2.1.12.SSH.2: Advocate for school and community policies and programs that promote dignity and respect for people of all genders, gender expressions, gender identities, and sexual orientations.</li> <li>2.1.12.SSH.3: Analyze current social issues affecting perceptions of sexuality, culture, ethnicity, disability status and make recommendations to address those issues.</li> <li>2.1.12.SSH.4: Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts without harming self or others (defining and understanding the laws of consent and dating violence).</li> <li>2.1.12.SSH.5: Demonstrate ways to show respect for the boundaries of others as they relate to intimacy and sexual behavior.</li> <li>2.1.12.SSH.6: Analyze the benefits of abstinence from sexual activity using reliable resources.</li> <li>2.1.12.SSH.7: Analyze factors that influence the choices, and effectiveness of safer sex methods and contraception, including risk-reduction and risk-elimination strategies.</li> <li>2.1.12.SSH.8: Describe the human sexual response cycle, including the role of hormones and pleasure.</li> <li>2.1.12.SSH.9: Analyze the personal and societal factors that could keep someone from leaving an unhealthy</li> </ul>				
<ul> <li>relationship.</li> <li>2.1.12.SSH.10: Analyze the state and federal laws related to minors' ability to give and receive sexual consent and their association with sexually explicit media.</li> </ul>			vive sexual consent	
Career Readiness, Life Literacies, and Key Skills				
<ul> <li>CRP1. Act as a responsible and contributing citizen and employee.</li> <li>CRP2. Apply appropriate academic and technical skills.</li> <li>CRP3. Attend to personal health and financial well-being.</li> <li>CRP4. Communicate clearly and effectively and with reason.</li> <li>CRP5. Consider the environmental, social and economic impacts of decisions.</li> <li>CRP6. Demonstrate creativity and innovation.</li> <li>CRP7. Employ valid and reliable research strategies.</li> <li>CRP8. Utilize critical thinking to make sense of problems and persevere in solving them.</li> <li>CRP9. Model integrity, ethical leadership and effective management.</li> <li>CRP10. Plan education and career paths aligned to personal goals.</li> <li>CRP11. Use technology to enhance productivity.</li> <li>CRP12. Work productively in teams while using cultural global competence.</li> </ul>				
	r Science and Design Thinking		linary Stand	•

NJSLSA.R1. Read closely to determine what the text says 8.2.8.ITH.1: Explain how the development and use of explicitly and to make logical inferences and relevant technology influences economic, political, social, and connections from it; cite specific textual evidence when cultural issues. writing or speaking to support conclusions drawn from the text. 8.2.5.ETW.1: Describe how resources such as material, energy, information, time, tools, people, and capital are NJSLSA.W4. Produce clear and coherent writing in which used in products or systems. the development, organization, and style are appropriate to task, purpose, and audience. 8.2.5.ETW.2: Describe ways that various technologies are used to reduce improper use of resources. NJSLSA.W9. Draw evidence from literary or informational texts to support analysis, reflection, and 8.2.5.ETW.3: Explain why human-designed systems, research. products, and environments need to be constantly NJSLSA.SL1. Prepare for and participate effectively in a monitored, maintained, and improved. range of conversations and collaborations with diverse 8.2.5.ETW.4: Explain the impact that resources, such as partners, building on others' ideas and expressing their energy and materials used to develop technology, have on own clearly and persuasively. the environment. NJSLSA.SL2. Integrate and evaluate information presented in diverse media and formats, including 8.2.5.ETW.5: Identify the impact of a specific technology visually, quantitatively, and orally. on the environment and determine what can be done to increase positive effects and to reduce any negative NJSLSA.L1. Demonstrate command of the conventions effects, such as climate change. of standard English grammar and usage when writing or speaking. 8.2.5. EC.1: Analyze how technology has contributed to or reduced inequities in local and global communities and NJSLSA.L2. Demonstrate command of the conventions determine its short- and long-term effects. of standard English capitalization, punctuation, and spelling when writing.

21 <sup>st</sup> Century Skills: Check all that apply			
	Civic Literacy	Х	Communication
	Global Awareness	х	Critical Thinking and Problem Solving
х	Health Literacy	Х	Collaboration
	Financial, Economic, Business, & Entrepreneurial Literacy	х	Creativity and Innovation
	Environmental Literacy		Other:
Ess	ential Question(s)		
	• How can you differentiate testosterone from estro	ogen ai	nd progesterone?
	• How would you describe the common problems or	f the m	ale and female reproductive systems?
	• How are sexually transmitted disease transmitted	and tr	eated?

• How can you explain the methods of contraception and abstinence?

Enduring Understandings	
<ul><li>Discharge, odor, itchin</li><li>All sexually transmitte</li></ul>	gans make up the reproductive systems that produce offspring. Ig and pain on the genitals are symptoms of sexually transmitted diseases d diseases require medical attention s can reduce the risk of spreading sexually transmitted diseases
Student Learning Targets/Obje	
	ture and function of the male and female reproductive systems
<ul> <li>I can list the common problems</li> <li>I can describe the met</li> </ul>	hods of contraception and abstinence transmitted diseases and recognize treatments
Assessments	
Formative: Chapter Do Now an Summative: Chapter Quizzes a Authentic: Contraception Char	-
	Teaching and Learning Actions
	Instructional Strategies (Student Led Modeling Support):
Instructional Strategies	<ul> <li>Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus</li> <li>Give students a MENU options allowing students to pick assignments from different levels based on difficulty. Students have the option of learning the curriculum in their comfort level and challenge themselves for growth.</li> <li>Special Education Students Modifications (Teacher Led Modeling Support):         <ul> <li>Adhere to all modifications and health concerns stated in each IEP.</li> <li>Accommodating Instructional Strategies, Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus, Large Print, Outlines</li> </ul> </li> <li>English Language Learners (ELL) Students:</li> </ul>
	<ul> <li>Give students the option to change the language of the article to the student's native language for most articles.</li> <li>Snap and read Google extension addition. Will read to the student in the language selected</li> <li>Use visuals whenever possible to support classroom instruction and classroom activities.</li> <li>Teacher modeling and written instructions for every assignment</li> </ul> At Risk Of Failure Students: <ul> <li>Give students a MENU options allowing students to pick activities based on interest that address the objectives and standards of the unit</li> <li>Modified Instructional Strategies D Reading Aloud, Graphic Organizers, Reading Study Guides, small learning group instruction, class website (Google</li> </ul>

	Classroom), Syllabus, inclusion of more visuals and Films, Field Trips, Google Expeditions, Peer Support, one on one instruction		
	<ul> <li>Constant parental contact along with mandatory tutoring appointments</li> <li>Academic Contracts</li> </ul>		
	Gifted and Talented Students:		
	<ul> <li>Modified instructional strategies Socratic Seminar, Group Discussion, Think- Pair-Share, Individual Assignments graded on a more rigorous rubric and Multimedia Projects.</li> <li>Student led classroom instruction also Project Based Learning</li> </ul>		
	Students With A 504: Adhere to all modifications and health concerns stated in504 plan. Then assess the		
	academics of the student to implement the necessary modifications as described in this document.		
Activities Including O/T CT			
Activities: Including G/T, SE, and ELL Differentiation	<b>Textbook</b> - <u>Health: A Guide to Wellness</u> Read and review chapter content, note taking of important concepts, open-ended questions, true/false questions, "what if scenarios" to check for understanding, exit tickets, and short quizzes at the end of the unit. Reading topics in this unit include:		
	Lesson 1 - The Male Reproductive System		
	Read and Discuss chapter content, pgs. 297-301		
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 1 Quiz		
	Lesson 2 - The Female Reproductive System Read and Discuss chapter content, pgs. 302-309		
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 2 Quiz		
	Lesson 3 - Gonorrhea		
	Read and Discuss chapter content, pgs. 537-539		
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 3 Review		
	Lesson 4 - Syphilis		
	Read and Discuss chapter content, pgs. 540-543		
	Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 4 Review		
	Lesson 5 - Other Common STDS		
	Read and Discuss chapter content, pgs. 545-549 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts		
	Administer Lesson 5 Quiz		
	Lesson 6 - AIDS - A Deadly Disease		
	Read and Discuss chapter content, pgs. 555-559 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts		
	Administer Lesson 6 Review		

	<ul> <li>Lesson 7 - Testing for HIV Infection</li> <li>Read and Discuss chapter content, pgs. 561-563</li> <li>Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts</li> <li>Administer Lesson 7 Quiz</li> <li>Group Project: In groups of 2 or 3 if needed, students will choose an STD from the CDC website to analyze and present to the class</li> </ul>
	<b>Textbook:</b> <u>Health Making Life Choices</u> Read and review chapter content, note taking of important concepts, open-ended questions, true/false questions, "what if scenarios" to check for understanding, exit tickets, and short quizzes at the end of the unit. Reading topics in this unit include:
	Lesson 8 - Preventing Sexually Transmitted Diseases Read and Discuss chapter content, pgs. 440-443 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 8 Review
	<b>Lesson 9 - Choosing Contraception and STD Protection</b> Read and Discuss chapter content, pgs.594- 597 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 9 Review
	<b>Lesson 10 - Contraceptive Methods</b> Read and Discuss chapter content, pgs.599- 609 Complete Contraception Chart Administer Lesson 10 Quiz
	<b>Lesson 11 - Methods Not Recommended for Contraception</b> Read and Discuss chapter content, pgs.610- 611 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 11 Review
	<b>Lesson 12 - Sterilization</b> Read and Discuss chapter content, pgs.612-613 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 12 Review
	Lesson 13 - Contraceptive Failure Read and Discuss chapter content, pgs.614- 617 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 13 Quiz
Experiences (virtual and live field trips)	https://www.anatomyarcade.com/ https://www.youtube.com/watch?v=wA2JYVxF48Q Guest Speaking Opportunity with nearby OBGYN https://www.dryaelantebi.com/ https://www.southorangeobgyn.com/

Resources		
Glencoe Health A Guide to Wel	Iness 5th edition by Merki & Merki	
Health Making Life Choices by	Frances Sizer Webb and Linda Kelly DeBruyne	
Google classroom		
https://www.youtube.com/wa	tch?v=RFDatCchpus	
https://www.cdc.gov/std/healthcomm/fact_sheets.htm		
https://www.cdc.gov/sexualhealth/Default.html		
https://www.ted.com/talks/philip_a_chan_how_close_are_we_to_eradicating_hiv?language=en		
https://www.ted.com/talks/edsel_salvana_the_dangerous_evolution_of_hiv?language=en		
https://www.youtube.com/watch?v=v3RaxCEIRdk		
https://www.youtube.com/watch?v=9yFJjCHzlL4		
https://www.std.uw.edu/		
Pacing/ Time Frame:	e: 15 Class Periods (45-minute class periods)	

Unit V	Medicine and Drugs		Grade(s)	Health, Grade 9
Unit Plan Title:				
Overview/Rationale				
	This unit focuses on the nature of drugs, alcohol, anabolic steroids, tobacco, and controlled dangerous substances, and their physiological, psychological, sociological, and legal effects on the individual, the family, and society. In			
			the family, a	and society. In
·	ocuses on medicines and their classificati	ons.		
-	nt Learning Standards			
	: Examine the influences of drug use and mis			
	: Compare and contrast the incidence and im			
	in the United States and other countries (e.	g., tobacco, e-cigarettes, vap	oing products,	alcohol, marijuana
-	nalants, anabolic steroids, other drugs). : Explore the relationship between individua	ls who abuse alcobal tobac	co and other	drugs with an increase
	l and unintentional health-risk behaviors.	is who abuse alcohol, tobact	lo, and other	ulugs with an increase
	.1: Correlate duration of drug use and abuse	to the incidence of drug-rela	ated deaths. i	niuries. illness. and
academic pe			,	· j · , · · · · , - · · -
• 2.3.12. DSDT	.2: Analyze personal choices and behaviors r	elated to substance use and	misuse to det	termine if they align
with persona	I values and beliefs.			
• 2.3.12. DSDT	.3: Examine the drug laws, and regulations o	f the State of New Jersey, ot	her states and	d the affects; healthy
	ny on individuals, families, schools, and comn	nunities (e.g., vaping produc	ts, e-cigarette	es, cannabis and CBD
products, op	-			
	.4: Utilize peer support and societal norms to			
	.5: Evaluate the effectiveness of various strated abusing drugs and remain drug free (counsed)			
	eling and support).	ening, peer coaching, profess	ional peer sup	port group, and
	Life Literacies, and Key Skills			
CRP1. Act a	s a responsible and contributing citizen a	and employee.		
CRP2. Apply	appropriate academic and technical skil	lls.		
CRP3. Attend to personal health and financial well-being.				
CRP4. Communicate clearly and effectively and with reason.				
CRP5. Cons	CRP5. Consider the environmental, social and economic impacts of decisions.			
CRP6. Demonstrate creativity and innovation.				
CRP7. Employ valid and reliable research strategies.				
<ul> <li>CRP8. Utilize critical thinking to make sense of problems and persevere in solving them.</li> </ul>				
CRP9. Model integrity, ethical leadership and effective management.				
CRP10. Plan education and career paths aligned to personal goals.				
CRP11. Use technology to enhance productivity.				
CRP12. Work productively in teams while using cultural global competence.				
Computer Science and Design Thinking Interdisciplinary Standards				dards
Computer	NJSLSA.R1. Read closely to determine what the text says explicitly			luulus
				he text says explicitly
	how the development and use of	and to make logical inference	s and relevant	the text says explicitly connections from it; cite
8.2.8.ITH.1: Explain	how the development and use of es economic, political, social, and		es and relevant on writing or spe	the text says explicitly connections from it; cite

8.2.5.ETW.1: Describe how resources such as material,	NJSLSA.R3. Analyze how and why individuals, events, and ideas
energy, information, time, tools, people, and capital are	develop and interact over the course of a text.
used in products or systems.	NJSLSA.R7. Integrate and evaluate content presented in diverse
	media and formats, including visually and quantitatively, as well as in
8.2.5.ETW.2: Describe ways that various technologies are	words.
used to reduce improper use of resources.	RST.9-10.1. Accurately cite strong and thorough evidence from the
	text to support analysis of science and technical texts, attending to
8.2.5.ETW.3: Explain why human-designed systems,	precise details for explanations or descriptions.
products, and environments need to be constantly	
monitored, maintained, and improved.	NJSLSA.W4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task,
	purpose, and audience.
8.2.5.ETW.4: Explain the impact that resources, such as	
energy and materials used to develop technology, have on	NJSLSA.W5. Develop and strengthen writing as needed by planning,
the environment.	revising, editing, rewriting, or trying a new approach.
	NJSLSA.W6. Use technology, including the Internet, to produce and
8.2.5.ETW.5: Identify the impact of a specific technology	publish writing and to interact and collaborate with others.
on the environment and determine what can be done to	NJSLSA.W10. Write routinely over extended time frames (time for
increase positive effects and to reduce any negative	research, reflection, and revision) and shorter time frames (a single
effects, such as climate change.	sitting or a day or two) for a range of tasks, purposes, and audiences.
	WHST.9-10.2. Write informative/explanatory texts, including the
8.2.5. EC.1: Analyze how technology has contributed to or	narration of historical events, scientific procedures/ experiments, or
reduced inequities in local and global communities and	technical processes.

determine its short- and long-term effects.

Civic Literacy	х	Communication	
Global Awareness	х	Critical Thinking and Problem Solving	
x Health Literacy $\begin{pmatrix} x \\ k \end{pmatrix}$ Collaboration			
x Financial, Economic, Business, & Creativity and Innovation			
x Environmental Literacy Other:			
Essential Question(s)			
<ul> <li>How are medicines generally grouped?</li> <li>How does a vaccine protect you from disease?</li> <li>How would you define tolerance and withdrawal?</li> <li>How would differentiate medicine from drugs?</li> <li>How does smoking affect the respiratory and circulatory systems?</li> </ul>			
Enduring Understandings			
<ul> <li>A medicine helps prevent or cure some disease, injury, or medical problem</li> <li>Tobacco use is a major cause of illness and death</li> </ul>			
	Health Literacy Financial, Economic, Business, & Entrepreneurial Literacy Environmental Literacy ntial Question(s) How are medicines generally grouped? How does a vaccine protect you from disease? How would you define tolerance and withdrawal? How would differentiate medicine from drugs? How does smoking affect the respiratory and circula uring Understandings	Global Awareness       x         Health Literacy       x         Financial, Economic, Business, &       k         Financial, Economic, Business, &       e         Entrepreneurial Literacy       e         Environmental Literacy       e         ntial Question(s)       e         How are medicines generally grouped?       e         How does a vaccine protect you from disease?       e         How would you define tolerance and withdrawal?       e         How would differentiate medicine from drugs?       e         How does smoking affect the respiratory and circulatory       e         uring Understandings       e         A medicine helps prevent or cure some disease, injury, or	

- Regular use of alcohol can result in tolerance and dependence
- An addiction is a physiological or psychological dependence on alcohol or other drugs

#### Student Learning Targets/Objectives

- I can identify medicine that helps prevent or cure some diseases, injury, or medical problem
- I can analyze how medicines are grouped according to their effects on the body
- I can understand how different reactions can occur when two or more different medicines are present in the body at the same time
- I can define medicine, vaccine, tolerance, withdrawal, antibiotics
- I can recognize how the Food and Drug Administration helps regulate the use of medicine and drugs
- I can describe how tobacco use is a major cause of illness and death
- I can explain how the use of alcohol can lead to birth defects, driving accidents, and alcoholism
- I can list the short- and long-term effects of alcohol
- I can differentiate a stimulant from a depressant.
- I can describe addiction and list the steps to recovery.

#### Assessments

Formative: Chapter Do Now's, defining terms, lesson reviews

Summative: Chapter Quizzes and Test

Authentic: Drug Presentations

Teaching and Learning Actions				
	Instructional Strategies (Student Led Modeling Support):			
Instructional Strategies	<ul> <li>Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus</li> </ul>			
	<ul> <li>Give students a MENU options allowing students to pick assignments from different levels based on difficulty. Students have the option of learning the curriculum in their comfort level and challenge themselves for growth.</li> </ul>			
	Special Education Students Modifications (Teacher Led Modeling Support):			
	<ul> <li>Adhere to all modifications and health concerns stated in each IEP.</li> </ul>			
	<ul> <li>Accommodating Instructional Strategies, Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus, Large Print, Outlines</li> </ul>			
	English Language Learners (ELL) Students:			
	• Give students the option to change the language of the article to the student's native language for most articles.			
	<ul> <li>Snap and read Google extension addition. Will read to the student in the language selected</li> </ul>			
	<ul> <li>Use visuals whenever possible to support classroom instruction and classroom activities.</li> </ul>			
	<ul> <li>Teacher modeling and written instructions for every assignment</li> </ul>			
	At Risk of Failure Students:			
	• Give students a MENU options allowing students to pick activities based on interest			
	that address the objectives and standards of the unit			

<ul> <li>Modified Instructional Strategies D Reading Aloud, Graphic Organizers, Reading Study Guides, small learning group instruction, class website (Google Classroom), Syllabus, inclusion of more visuals and Films, Field Trips, Google Expeditions, Peer Support, one on one instruction</li> </ul>
<ul> <li>Constant parental contact along with mandatory tutoring appointments</li> </ul>
Academic Contracts
Gifted and Talented Students:
<ul> <li>Modified instructional strategies Socratic Seminar, Group Discussion, Think-Pair- Share, Individual Assignments graded on a more rigorous rubric and Multimedia Projects.</li> </ul>
<ul> <li>Student led classroom instruction also Project Based Learning</li> </ul>
Students With A 504:
<ul> <li>Adhere to all modifications and health concerns stated in504 plan. Then assess the academics of the student to implement the necessary modifications as described in this document</li> </ul>

Activities: Including G/T, SE, and ELL Differentiation	<b>Textbook</b> - <u>Health: A Guide to Wellness</u> Read and review chapter content, note taking of important concepts, open-ended questions, true/false questions, "what if scenarios" to check for understanding, exit tickets, and short quizzes at the end of the unit. Reading topics in this unit include:
	<b>Lesson 1 - How Medicines Help</b> Read and Discuss chapter content, pgs. 425-429 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 1 Review
	<b>Lesson 2 - Medicines and the Consumer</b> Read and Discuss chapter content, pgs. 430-435 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 2 Quiz
	<b>Lesson 3 - Tobacco</b> Read and Discuss chapter content, pgs. 441-447 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 3 Review
	<b>Lesson 4 - Choosing Not to Smoke</b> Read and Discuss chapter content, pgs. 448-453 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Section 4 Quiz
	<b>Lesson 5 - Alcohol</b> Read and Discuss chapter content, pgs. 459-462 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 5 Review
	<b>Lesson 6 - Alcohol: A Mental and Social Problem</b> Read and Discuss chapter content, pgs. 463-467 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 6 Review
	<b>Lesson 7 - Alcohol: A Serious Problem</b> Read and Discuss chapter content, pgs. 468-473 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Section 7 Quiz
	<b>Lesson 8 - Cost and Problems of Drug Use</b> Read and Discuss chapter content, pgs. 479-482 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 8 Review
	<b>Lesson 9 - Psychoactive Drugs</b> Read and Discuss chapter content, pgs. 483-487 Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts Administer Lesson 9 Review

Lesson 10 - Other Dangerous Drugs
Read and Discuss chapter content, pgs. 488-491
Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts
Administer Lesson 10 Quiz
Lesson 11 - Addiction: What is it?
Read and Discuss chapter content, pgs. 497-500
Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts
Administer Lesson 11 Review
Lesson 12 - Recovering from Addiction
Read and Discuss chapter content, pgs. 501-505
Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts
Administer Lesson 12 Review
Lesson 13 - Codependency: What is it?
Read and Discuss chapter content, pgs. 506-508
Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts
Administer Lesson 13 Review
Authinister Lesson 13 Review
Lasson 14 Baseyaring from Codenandaney
Lesson 14 - Recovering from Codependency
Read and Discuss chapter content, pgs. 509-511
Complete Activity 1: Terms to Use and Activity 2: Reviewing Facts
Administer Lesson 14 Quiz
Drug Presentations: In groups of 2 or 3 if needed, students will present in
depth analysis of different illegal drugs

Experiences (virtual and live field trips)	<u>https://dev.njecpo.org/community-programs/</u> <b>Speaker's Bureau</b>	
Resources		
Glencoe Health A Guide to V	<i>Vellness 5th edition</i> by Merki & Merki	
Google classroom		
<pre>https://www.ted.com/talks/judy_grisel_how_does_alcohol_make_you_drunk?language=en https://www.ted.com/talks/mitch_zeller_the_past_present_and_future_of_nicotine_addiction?language=en n https://www.ted.com/talks/suchitra_krishnan_sarin_what_you_should_know_about_vaping_and_e_cigarettes?lang uage=en</pre>		
age=en		
https://www.cdc.gov/drugoverdose/basics/index.html		
https://nida.nih.gov/research-topics/commonly-used-drugs-charts		
Pacing/ Time Frame:	15 Class Periods (45-minute class periods)	

Unit V	Medicine and Drugs	Grade(s)	Health, Grade 9		
Unit Plan Title:	Unit Plan Title: Prescriptions, Alcohol, and Tobacco				
Overview/Rationa	e				
This unit focuses o	n the nature of drugs, alcohol, anabolic steroids, tobacco, a	nd controlle	d dangerous		
substances, and th	eir physiological, psychological, sociological, and legal effec	ts on the inc	dividual, the		
family, and society	. In addition, this unit focuses on medicines and their classi	fications.			
New Jersey Stude	at Learning Standards				
• 2.3.12.A.1: D	etermine the potential risks and benefits of the use of new or experime	ntal medicines	and herbal and		
medicinal su	plements.				
	immarize the criteria for evaluating the effectiveness of a medicine.				
	elate personal abuse of prescription and over-the-counter medicines to				
	ompare and contrast the incidence and impact of commonly abused sub				
countries.	halants, anabolic steroids, and other drugs) on individuals and commun	ities in the Uni	ited States and other		
	ebate the various legal and financial consequences of the use, sale, and	possession of	illegal substances.		
	prrelate increased alcohol use with challenges that may occur at various	-			
	prrelate the use of alcohol and other drugs with incidences of date rape	-	t, STIs, and		
unintended	regnancy.				
• 2.3.12.B.5: R	elate injected drug use to the incidence of diseases such as HIV/AIDS and	d hepatitis.			
• 2.3.12.C.1: C	prrelate duration of drug abuse to the incidence of drug-related injury, i	llness, and dea	ath.		
Career Readiness,	Life Literacies, and Key Skills				
• 9.1.12.CFR.	: Compare and contrast the role of philanthropy, volunteer servi	ce. and charit	ties in community		
	and quality of life in a variety of cultures.	,	,		
-	2: Summarize causes important to you and compare organization	s vou seek to	support to other		
	is with similar missions	,			
-	8: Research companies with corporate governance policies suppo	rting the com	nmon good and		
human righ		0	0		
-	3: Research companies with corporate governance policies suppo	rting the com	nmon good and		
human righ		U	0		
÷	: Demonstrate an understanding of the interrelationships among	g attitudes, as	sumptions, and		
patterns of	pehavior regarding money, saving, investing, and work across cul	tures.	•		
•	<ul> <li>9.2.12.CAP.2: Develop college and career readiness skills by participating in opportunities such as structured</li> </ul>				
	learning experiences, apprenticeships, and dual enrollment programs.				
	I: Evaluate different careers and develop various plans (e.g., cost	s of public, pr	rivate, training		
schools) and	I timetables for achieving them, including educational/training re	quirements,	costs, loans, and		
debt repayr					
• 9.4.12.Cl.1:	Demonstrate the ability to reflect, analyze, and use creative skills	and ideas (e	.g., 1.1.		
12prof.CR3	ı).				
<ul> <li>CRP2. Apply</li> </ul>	appropriate academic and technical skills.				
CRP3. Atter	d to personal health and financial well-being.				
CRP4. Comr	CRP4. Communicate clearly and effectively and with reason.				
• CRP5. Cons	CRP5. Consider the environmental, social and economic impacts of decisions.				
CRP6. Demo	instrate creativity and innovation.				

- CRP7. Employ valid and reliable research strategies. •
- CRP8. Utilize critical thinking to make sense of problems and persevere in solving them. •
- CRP11. Use technology to enhance productivity. ٠

Computer Science and Design Thinking	Interdisciplinary Standards		
• 8.2.2.ETW.1: Classify products as resulting from nature or produced as a result of technology.	NJSLSA.R1. Read closely to determine what the text says explicitly and to make logical inferences and relevant connections from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.		
• 8.2.2.ETW.2: Identify the natural resources needed to create a product.	NJSLSA.R3. Analyze how and why individuals, events, and ideas develop and interact over the course of a text.		
• 8.2.2.ETW.3: Describe or model the system used for recycling technology.	NJSLSA.R7. Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.		
<ul> <li>8.2.2.ETW.4: Explain how the disposal of or reusing a product affects the local and global environment.</li> </ul>	RST.9-10.1. Accurately cite strong and thorough evidence from the text to support analysis of science and technical texts, attending to precise details for explanations or descriptions.		
• 8.2.2. EC.1: Identify and compare technology used in different schools, communities, regions, and	NJSLSA.W4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.		
parts of the world.	NJSLSA.W5. Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.		
<ul> <li>8.2.8.ITH.1: Explain how the development and use of technology influences economic, political, social, and cultural issues.</li> </ul>	NJSLSA.W6. Use technology, including the Internet, to produce and publish writing and to interact and collaborate with others.		
	NJSLSA.W10. Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.		
	WHST.9-10.2. Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.		
21 <sup>st</sup> Century Skills: Check all that apply			

x	Civic Literacy	х	Communication
x	Global Awareness	х	Critical Thinking and Problem Solving
x	Health Literacy	x k	Collaboration
x	Financial, Economic, Business, & Entrepreneurial Literacy		Creativity and Innovation
x	Environmental Literacy		Other:
Essential Question(s)			
How are medicines generally grouped?			

How does a vaccine protect you from disease?

How do antibiotics work in the body?

How would you define tolerance and withdrawal?

How would differentiate medicine and drugs?

How would you describe medicine misuse?

How would you describe the precautions that should be taken about medicine?

How would you differentiate OTC's and prescriptions?

How is nicotine harmful?

How are cigarettes carcinogenic?

How does smoking affect the respiratory and circulatory systems?

How does alcohol work in the body?

How would you describe the short and long term effects of alcohol?

How would you differentiate a stimulant from a depressant?

How would you describe addiction and steps to recovery?

Enduring Understandings

Students will be able to identify medicine that helps prevent or cure some diseases, injury, or medical problem Students will be able to describe how medicines are grouped according to their effects on the body

Students will be able to understand how different reactions can occur when two or more different medicines are present in the body at the same time

Students will be able to define medicine, vaccine, tolerance, withdrawal, antibiotics

Students will be able to describe how the Food and Drug Administration helps regulate the use of medicine and drugs Students will be able to describe how tobacco use is a major cause of illness and death

Students will be able to explain how the use of alcohol can lead to birth defects, driving accidents, and alcoholism

Students will be able to describe the short- and long-term effects of alcohol

Students will be able to differentiate a stimulant from a depressant.

Students will be able to describe addiction and the steps to recovery.

Student Learning Targets/Objectives

I can identify medicine that helps prevent or cure some diseases, injury, or medical problem

I can describe how medicines are grouped according to their effects on the body

I can understand how different reactions can occur when two or more different medicines are present in the body at the same time

I can define medicine, vaccine, tolerance, withdrawal, antibiotics

I can describe how the Food and Drug Administration helps regulate the use of medicine and drugs

I can describe how tobacco use is a major cause of illness and death

I can explain how the use of alcohol can lead to birth defects, driving accidents, and alcoholism

I can describe the short- and long-term effects of alcohol

I can differentiate a stimulant from a depressant.

I can describe addiction and the steps to recovery.

#### Assessments

Formative: Chapter Do now's and defining terms

Summative: Chapter lesson reviews

Authentic: Chapter test and Drug Presentations

<del>-</del>			
Teaching and Learning Actions			
Instructional Strategies	Academic vocabulary and language- healthcare terminology is important in all aspect of this career field especially when used during articulation of directional cues and f instructional purposes. Students will learn vocabulary words from each lesson which will include proper spelling, definition, and applying it in a sentence.		
	Cooperative Learning-Students will be placed in small mixed-ability groups that will allow for the exchanging of information and task responsibilities. Students will complete a lesson specific learning resource pages that helps further investigation.		
	Direct Instruction- The presentation of content through the teacher that provides structure and sequence to the objectives for the day. The teacher will introduce the topic of the day and then proceed into a group discussion about each of the areas.		
	Instructional Strategies (Student Led Modeling Support):		
Activities: Including G/T, SE, and ELL Differentiation	<ul> <li>Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus</li> <li>Give students a MENU options allowing students to pick assignments from different</li> </ul>		
	levels based on difficulty. Students have the option of learning the curriculum in their comfort level and challenge themselves for growth.		
	Special Education Students Modifications (Teacher Led Modeling Support):		
	<ul> <li>Adhere to all modifications and health concerns stated in each IEP.</li> </ul>		
	<ul> <li>Accommodating Instructional Strategies, Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus, Large Print, Outlines</li> </ul>		
	English Language Learners (ELL) Students:		
	<ul> <li>Give students the option to change the language of the article to the student's native language for most articles.</li> </ul>		
	<ul> <li>Snap and read Google extension addition. Will read to the student in the language selected</li> </ul>		
	<ul> <li>Use visuals whenever possible to support classroom instruction and classroom activities.</li> </ul>		
	<ul> <li>Teacher modeling and written instructions for every assignment</li> </ul>		
	At Risk of Failure Students:		
	<ul> <li>Give students a MENU options allowing students to pick activities based on interest that address the objectives and standards of the unit</li> </ul>		
	<ul> <li>Modified Instructional Strategies D Reading Aloud, Graphic Organizers, Reading Study Guides, small learning group instruction, class website (Google Classroom), Syllabus, inclusion of more visuals and Films, Field Trips, Google Expeditions, Peer Support, one on one instruction</li> </ul>		
	<ul> <li>Constant parental contact along with mandatory tutoring appointments</li> <li>Academic Contracts</li> </ul>		
	Gifted and Talented Students:		

	<ul> <li>Modified instructional strategies Socratic Seminar, Group Discussion, Think-Pair-Share, Individual Assignments graded on a more rigorous rubric and Multimedia Projects.</li> <li>Student led classroom instruction also Project Based Learning</li> </ul> Students With A 504:	
	<ul> <li>Adhere to all modifications and health concerns stated in504 plan. Then assess the academics of the student to implement the necessary modifications as described in this document</li> </ul>	
Experiences (virtual and live field trips)	n/a	
Resources		
Glencoe Health <i>A Guide to Wellness 5th edition</i> by Merki & Merki Google classroom Youtube - <u>https://www.youtube.com/</u> <u>https://www.cdc.gov/drugoverdose/basics/index.html</u>		
https://platform.everfi.net/tea		
Pacing/ Time Frame:	8 Class Periods (45-minute class periods)	

Unit V	Medicine and Drugs	Grade(s)	Health, Grade 9		
Unit Plan Title:	Unit Plan Title: Prescriptions, Alcohol, and Tobacco				
Overview/Rationa	e				
This unit focuses o	n the nature of drugs, alcohol, anabolic steroids, tobacco, a	nd controlle	d dangerous		
substances, and th	eir physiological, psychological, sociological, and legal effec	ts on the inc	dividual, the		
family, and society	. In addition, this unit focuses on medicines and their classi	fications.			
New Jersey Stude	at Learning Standards				
• 2.3.12.A.1: D	etermine the potential risks and benefits of the use of new or experime	ntal medicines	and herbal and		
medicinal su	plements.				
	immarize the criteria for evaluating the effectiveness of a medicine.				
	elate personal abuse of prescription and over-the-counter medicines to				
	ompare and contrast the incidence and impact of commonly abused sub				
countries.	halants, anabolic steroids, and other drugs) on individuals and commun	ities in the Uni	ited States and other		
	ebate the various legal and financial consequences of the use, sale, and	possession of	illegal substances.		
	prrelate increased alcohol use with challenges that may occur at various	-			
	prrelate the use of alcohol and other drugs with incidences of date rape	-	t, STIs, and		
unintended	regnancy.				
• 2.3.12.B.5: R	elate injected drug use to the incidence of diseases such as HIV/AIDS an	d hepatitis.			
• 2.3.12.C.1: C	prrelate duration of drug abuse to the incidence of drug-related injury, i	llness, and dea	ath.		
Career Readiness,	Life Literacies, and Key Skills				
• 9.1.12.CFR.	: Compare and contrast the role of philanthropy, volunteer servi	ce. and charit	ties in community		
	and quality of life in a variety of cultures.	,	,		
-	2: Summarize causes important to you and compare organization	s vou seek to	support to other		
	is with similar missions	,			
-	8: Research companies with corporate governance policies suppo	rting the com	nmon good and		
human righ		0	0		
-	3: Research companies with corporate governance policies suppo	rting the com	nmon good and		
human righ		U	0		
÷	: Demonstrate an understanding of the interrelationships among	g attitudes, as	sumptions, and		
patterns of	pehavior regarding money, saving, investing, and work across cul	tures.	•		
•	<ul> <li>9.2.12.CAP.2: Develop college and career readiness skills by participating in opportunities such as structured</li> </ul>				
	learning experiences, apprenticeships, and dual enrollment programs.				
	I: Evaluate different careers and develop various plans (e.g., cost	s of public, pr	rivate, training		
schools) and	I timetables for achieving them, including educational/training re	quirements,	costs, loans, and		
debt repayr					
• 9.4.12.Cl.1:	Demonstrate the ability to reflect, analyze, and use creative skills	and ideas (e	.g., 1.1.		
12prof.CR3	ı).				
<ul> <li>CRP2. Apply</li> </ul>	appropriate academic and technical skills.				
CRP3. Atter	d to personal health and financial well-being.				
CRP4. Comr	CRP4. Communicate clearly and effectively and with reason.				
• CRP5. Cons	CRP5. Consider the environmental, social and economic impacts of decisions.				
CRP6. Demo	instrate creativity and innovation.				

- CRP7. Employ valid and reliable research strategies. ٠
- CRP8. Utilize critical thinking to make sense of problems and persevere in solving them.
- CRP11. Use technology to enhance productivity.

Computer Science and Design Thinking	Interdisciplinary Standards		
• 8.2.2.ETW.1: Classify products as resulting from nature or produced as a result of technology.	NJSLSA.R1. Read closely to determine what the text says explicitly and to make logical inferences and relevant connections from it; cite specific textual evidence when writing or speaking to support conclusions drawn from the text.		
• 8.2.2.ETW.2: Identify the natural resources needed to create a product.	NJSLSA.R3. Analyze how and why individuals, events, and ideas develop and interact over the course of a text.		
• 8.2.2.ETW.3: Describe or model the system used for recycling technology.	NJSLSA.R7. Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.		
• 8.2.2.ETW.4: Explain how the disposal of or reusing a product affects the local and global environment.	RST.9-10.1. Accurately cite strong and thorough evidence from the text to support analysis of science and technical texts, attending to precise details for explanations or descriptions.		
• 8.2.2. EC.1: Identify and compare technology used in different schools, communities, regions, and	NJSLSA.W4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.		
parts of the world.	NJSLSA.W5. Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.		
<ul> <li>8.2.8.ITH.1: Explain how the development and use of technology influences economic, political, social, and cultural issues.</li> </ul>	NJSLSA.W6. Use technology, including the Internet, to produce and publish writing and to interact and collaborate with others.		
	NJSLSA.W10. Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.		
	WHST.9-10.2. Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.		
21 <sup>st</sup> Century Skills: Check all that apply			

x	Civic Literacy	х	Communication	
x	Global Awareness	х	Critical Thinking and Problem Solving	
x	Health Literacy	x k	Collaboration	
x	Financial, Economic, Business, & Entrepreneurial Literacy		Creativity and Innovation	
x	Environmental Literacy		Other:	
Essential Question(s)				
How are medicines generally grouped?				

How does a vaccine protect you from disease?

How do antibiotics work in the body?

How would you define tolerance and withdrawal?

How would differentiate medicine and drugs?

How would you describe medicine misuse?

How would you describe the precautions that should be taken about medicine?

How would you differentiate OTC's and prescriptions?

How is nicotine harmful?

How are cigarettes carcinogenic?

How does smoking affect the respiratory and circulatory systems?

How does alcohol work in the body?

How would you describe the short- and long-term effects of alcohol?

How would you differentiate a stimulant from a depressant?

How would you describe addiction and steps to recovery?

Enduring Understandings

Students will be able to identify medicine that helps prevent or cure some diseases, injury, or medical problem Students will be able to describe how medicines are grouped according to their effects on the body

Students will be able to understand how different reactions can occur when two or more different medicines are present in the body at the same time

Students will be able to define medicine, vaccine, tolerance, withdrawal, antibiotics

Students will be able to describe how the Food and Drug Administration helps regulate the use of medicine and drugs Students will be able to describe how tobacco use is a major cause of illness and death

Students will be able to explain how the use of alcohol can lead to birth defects, driving accidents, and alcoholism

Students will be able to describe the short- and long-term effects of alcohol

Students will be able to differentiate a stimulant from a depressant.

Students will be able to describe addiction and the steps to recovery.

Student Learning Targets/Objectives

I can identify medicine that helps prevent or cure some diseases, injury, or medical problem

I can describe how medicines are grouped according to their effects on the body

I can understand how different reactions can occur when two or more different medicines are present in the body at the same time

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I can describe the short- and long-term effects of alcohol

I can differentiate a stimulant from a depressant.

I can describe addiction and the steps to recovery.

#### Assessments

Formative: Chapter Do now's and defining terms

Summative: Chapter lesson reviews

Authentic: Chapter test and Drug Presentations

	Teaching and Learning Actions				
Teaching and Learning Actions					
Instructional Strategies	Academic vocabulary and language- healthcare terminology are important in all aspects of this career field especially when used during articulation of directional cues and for instructional purposes. Students will learn vocabulary words from each lesson which will include proper spelling, definition, and applying it in a sentence.				
	Cooperative Learning-Students will be placed in small mixed-ability groups that will allow for the exchanging of information and task responsibilities. Students will complete a lesson specific learning resource pages that helps further investigation.				
	Direct Instruction- The presentation of content through the teacher that provides structure and sequence to the objectives for the day. The teacher will introduce the topic of the day and then proceed into a group discussion about each of the areas.				
Instructional Strategies (Student Led Modeling Support):					
Activities: Including G/T, SE, and ELL Differentiation	<ul> <li>Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus</li> <li>Give students a MENU entires allowing students to nick assignments from different</li> </ul>				
	<ul> <li>Give students a MENU options allowing students to pick assignments from different levels based on difficulty. Students have the option of learning the curriculum in their comfort level and challenge themselves for growth.</li> </ul>				
	Special Education Students Modifications (Teacher Led Modeling Support):				
	<ul> <li>Adhere to all modifications and health concerns stated in each IEP.</li> </ul>				
	<ul> <li>Accommodating Instructional Strategies, Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus, Large Print, Outlines</li> </ul>				
	English Language Learners (ELL) Students:				
	<ul> <li>Give students the option to change the language of the article to the student's native language for most articles.</li> </ul>				
	<ul> <li>Snap and read Google extension addition. Will read to the student in the language selected</li> </ul>				
	<ul> <li>Use visuals whenever possible to support classroom instruction and classroom activities.</li> </ul>				
	<ul> <li>Teacher modeling and written instructions for every assignment</li> </ul>				
	At Risk Of Failure Students:				
	<ul> <li>Give students a MENU options allowing students to pick activities based on interest that address the objectives and standards of the unit</li> </ul>				
	<ul> <li>Modified Instructional Strategies D Reading Aloud, Graphic Organizers, Reading Study Guides, small learning group instruction, class website (Google Classroom), Syllabus, inclusion of more visuals and Films, Field Trips, Google Expeditions, Peer Support, one on one instruction</li> </ul>				
	<ul> <li>Constant parental contact along with mandatory tutoring appointments</li> <li>Academic Contracts</li> </ul>				
	Gifted and Talented Students:				

	<ul> <li>Modified instructional strategies Socratic Seminar, Group Discussion, Think-Pair-Share, Individual Assignments graded on a more rigorous rubric and Multimedia Projects.</li> <li>Student led classroom instruction also Project Based Learning</li> </ul> Students With A 504:			
	<ul> <li>Adhere to all modifications and health concerns stated in504 plan. Then assess the academics of the student to implement the necessary modifications as described in this document</li> </ul>			
Experiences (virtual and live field trips)	n/a			
Resources				
Glencoe Health <i>A Guide to Wellness 5th edition</i> by Merki & Merki Google classroom Youtube - <u>https://www.youtube.com/</u> https://www.cdc.gov/drugoverdose/basics/index.html				
Pacing/ Time Frame:	8 Class Periods (45-minute class periods)			

Unit VI	Grade(s)	
Unit Plan Title:		
Overview/Rationale		
New Jersey Student Learning Standards		
Career Readiness, Life Literacies, and Key Skills		
<ul> <li>9.1.12.CFR.1: Compare and contrast the role of ph development and quality of life in a variety of cult</li> </ul>	ilanthropy, volunteer service, and charities in communi ures.	ity
• 9.1.12.CFR.2: Summarize causes important to you organizations with similar missions	and compare organizations you seek to support to othe	er
• 9.1.12.CFR.3: Research companies with corporate human rights.	governance policies supporting the common good and	
• 9.1.12.CFR.3: Research companies with corporate human rights.	governance policies supporting the common good and	
<ul> <li>9.1.12.CFR.4: Demonstrate an understanding of the patterns of behavior regarding money, saving, investigation</li> </ul>	e interrelationships among attitudes, assumptions, and esting, and work across cultures.	1
<ul> <li>9.2.12.CAP.2: Develop college and career readines learning experiences, apprenticeships, and dual er</li> </ul>	s skills by participating in opportunities such as structur	red
• 9.2.12.CAP.4: Evaluate different careers and devel	op various plans (e.g., costs of public, private, training	
schools) and timetables for achieving them, includ debt repayment.	ing educational/training requirements, costs, loans, and	d
<ul> <li>9.4.12.Cl.1: Demonstrate the ability to reflect, ana 12prof.CR3a).</li> </ul>	lyze, and use creative skills and ideas (e.g., 1.1.	
<ul> <li>CRP2. Apply appropriate academic and technical s</li> </ul>	kills	
<ul> <li>CRP3. Attend to personal health and financial well</li> </ul>		
<ul> <li>CRP4. Communicate clearly and effectively and wir</li> </ul>	-	
<ul> <li>CRP5. Consider the environmental, social and ecor</li> </ul>		
• CRP6. Demonstrate creativity and innovation.		
<ul> <li>CRP7. Employ valid and reliable research strategie</li> </ul>	S.	
CRP8. Utilize critical thinking to make sense of pro		
• CRP11. Use technology to enhance productivity.		
Technology/Computer Science and Design Thinking	Interdisciplinary Standards	
recimology comparer selence and besign minimize	NJSLSA.R1. Read closely to determine what the text says explicit	itly
• 8.1.12. D.1 Demonstrate appropriate application of copyright		
fair use and/or Creative Commons to an original work.	specific textual evidence when writing or speaking to support	
<ul> <li>8.1.12. D.5 Analyze the capabilities and limitations of current and amorging technology recourses and access their patential</li> </ul>	conclusions drawn from the text.	
and emerging technology resources and assess their potentia to address personal, social, lifelong learning, and career needs.	NJSLSA.R3. Analyze how and why individuals, events, and ideas develop and interact over the course of a text.	
<ul> <li>8.1.12. F.1 Evaluate the strengths and limitations of emerging technologies and their impact on educational, career, personal and or social needs.</li> </ul>		
•	Page	

- 8.2.12. B.4 Investigate a technology used in a given period of history, e.g., stone age, industrial revolution or information age, and identify their impact and how they may have changed to meet human needs and wants.
- 8.1.12.A.1 Create a personal digital portfolio which reflects personal and academic interests, achievements, and career aspirations by using a variety of digital tools and resources.
- 9.4.12.TL.1: Assess digital tools based on features such as accessibility options, capacities, and utility for accomplishing a specified task (e.g., W.11-12.6.).
- 9.4.12.TL.4: Collaborate in online learning communities or social networks or virtual worlds to analyze and propose a resolution to a real-world problem.

NJSLSA.R7. Integrate and evaluate content presented in diverse media and formats, including visually and quantitatively, as well as in words.

RST.9-10.1. Accurately cite strong and thorough evidence from the text to support analysis of science and technical texts, attending to precise details for explanations or descriptions.

NJSLSA.W4. Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.

NJSLSA.W5. Develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach.

NJSLSA.W6. Use technology, including the Internet, to produce and publish writing and to interact and collaborate with others.

NJSLSA.W10. Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of tasks, purposes, and audiences.

WHST.9-10.2. Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.

## 21<sup>st</sup> Century Skills: Check all that apply

	Civic Literacy Communication	
	Global Awareness	Critical Thinking and Problem Solving
	Health Literacy	Collaboration
	Financial, Economic, Business, & Entrepreneurial Literacy	Creativity and Innovation
	Environmental Literacy	Other:
Ess	ential Question(s)	
Enc	uring Understandings	
Stu	dent Learning Targets/Objectives	
Ass	essments	
	Teaching and Lea	rning Actions

Instructional Strategies	
	Instructional Strategies (Student Led Modeling Support):
Activities: Including G/T, SE, and ELL Differentiation	<ul> <li>Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus</li> <li>Give students a MENU options allowing students to pick assignments from different levels based on difficulty. Students have the option of learning the curriculum in their comfort level and challenge themselves for growth.</li> </ul>
	Special Education Students Modifications (Teacher Led Modeling Support):
	<ul> <li>Adhere to all modifications and health concerns stated in each IEP.</li> </ul>
	<ul> <li>Accommodating Instructional Strategies, Reading Aloud, Graphic Organizers, Reading Study Guides, one-on-one instruction, class website (Google Classroom), Handouts, Definition List, Syllabus, Large Print, Outlines</li> </ul>
	English Language Learners (ELL) Students:
	• Give students the option to change the language of the article to the student's native language for most articles.
	<ul> <li>Snap and read Google extension addition. Will read to the student in the language selected</li> </ul>
	<ul> <li>Use visuals whenever possible to support classroom instruction and classroom activities.</li> </ul>
	<ul> <li>Teacher modeling and written instructions for every assignment</li> </ul>
	At Risk of Failure Students:
	<ul> <li>Give students a MENU options allowing students to pick activities based on interest that address the objectives and standards of the unit</li> </ul>
	<ul> <li>Modified Instructional Strategies D Reading Aloud, Graphic Organizers, Reading Study Guides, small learning group instruction, class website (Google Classroom), Syllabus, inclusion of more visuals and Films, Field Trips, Google Expeditions, Peer Support, one on one instruction</li> </ul>
	<ul> <li>Constant parental contact along with mandatory tutoring appointments</li> </ul>
	Academic Contracts
	Gifted and Talented Students:
	<ul> <li>Modified instructional strategies Socratic Seminar, Group Discussion, Think-Pair- Share, Individual Assignments graded on a more rigorous rubric and Multimedia Projects.</li> </ul>
	<ul> <li>Student led classroom instruction also Project Based Learning</li> </ul>
	Students With A 504:
	<ul> <li>Adhere to all modifications and health concerns stated in504 plan. Then assess the academics of the student to implement the necessary modifications as described in this document</li> </ul>

Experiences (virtual and live field trips)	
Resources	
Pacing/ Time Frame:	

Unit VII			Grade(s)
Unit Plan Title:			
Overview/Ratio	nale		
New Jersey Stud	lent Learning Standards		
Career Readines	ss, Life Literacies, and Key Skills		
	R.1: Compare and contrast the role of phila nent and quality of life in a variety of cultur	•••	charities in community
	R.2: Summarize causes important to you ar ions with similar missions	nd compare organizations you se	ek to support to other?
<ul> <li>9.1.12.CF</li> <li>human ri</li> </ul>	R.3: Research companies with corporate go ghts.	overnance policies supporting th	e common good and
<ul> <li>9.1.12.CF</li> <li>human rij</li> </ul>	R.3: Research companies with corporate go ghts.	overnance policies supporting th	e common good and
	R.4: Demonstrate an understanding of the of behavior regarding money, saving, investion states in the second s		les, assumptions, and
	P.2: Develop college and career readiness experiences, apprenticeships, and dual enror		nities such as structured
	NP.4: Evaluate different careers and develop and timetables for achieving them, includin avment.		
	1: Demonstrate the ability to reflect, analy	ze, and use creative skills and ide	eas (e.g., 1.1.
•	ply appropriate academic and technical skil	ls.	
	end to personal health and financial well-b		
	mmunicate clearly and effectively and with		
	nsider the environmental, social and econo	mic impacts of decisions.	
	monstrate creativity and innovation.		
	ploy valid and reliable research strategies. lize critical thinking to make sense of probl	oms and persovere in solving the	am
	se technology to enhance productivity.		2111.
Technology/Co	omputer Science and Design Thinking	Interdisciplinary	y Standards
• 9112 D1	Demonstrate appropriate application of copyright,		
	I/or Creative Commons to an original work.		
	Analyze the capabilities and limitations of current		
-	ng technology resources and assess their potential personal, social, lifelong learning, and career		
needs.			
	Evaluate the strengths and limitations of emerging		
	es and their impact on educational, career, nd or social needs.		
		L	

<ul> <li>history, e.g., stone age, indiage, and identify their impacts changed to meet human network and academic interaspirations by using a variet</li> <li>9.4.12.TL.1: Assess digital to accessibility options, capacia a specified task (e.g., W.11-</li> <li>9.4.12.TL.4: Collaborate in to accessibility option a specified task (e.g., W.11-</li> </ul>	eeds and wants. al digital portfolio which reflects prests, achievements, and career ty of digital tools and resources. pols based on features such as ities, and utility for accomplishing .12.6.). ponline learning communities or porlds to analyze and propose a	
	21 <sup>st</sup> Century Skills: Ch	eck all that apply
Civic Literacy		Communication
Global Awareness		Critical Thinking and Problem Solving
Health Literacy		Collaboration
Financial, Economic, Bu Entrepreneurial Literac		Creativity and Innovation
Environmental Literacy		Other:
Essential Question(s)		
Enduring Understandings		
Student Learning Targets/O	bjectives	
Assessments		
	Teaching and Lear	ning Actions
Instructional Strategies		

Activities: Including G/T,	
SE, and ELL Differentiation	
/	
Experiences (virtual and	
live field trips)	
Resources	
Pacing/ Time Frame:	

Unit VIII			Grade(s)	
Unit Plan Title:			Ulaue(3)	
Overview/Rationa	/Ie			
New Jersey Stude	nt Learning Standards			
Career Readiness,	Life Literacies, and Key Skills			
developmen 9.1.12.CFR.: organization 9.1.12.CFR.: human righ 9.1.12.CFR.: human righ 9.1.12.CFR.: human righ 9.1.12.CFR.: patterns of 9.2.12.CAP. learning exp 9.2.12.CAP. schools) and debt repayr 9.4.12.CI.1: 12prof.CR3a CRP2. Apply CRP3. Atten CRP4. Comr CRP5. Consi CRP6. Demo CRP7. Emple CRP8. Utilizi	<ul> <li>3: Research companies with corporate go ts.</li> <li>4: Demonstrate an understanding of the in behavior regarding money, saving, invested.</li> <li>2: Develop college and career readiness of periences, apprenticeships, and dual enroy</li> <li>4: Evaluate different careers and develop d timetables for achieving them, including ment.</li> <li>Demonstrate the ability to reflect, analyzed</li> </ul>	es. Ind compare organizations you see overnance policies supporting the overnance policies supporting the interrelationships among attitud ting, and work across cultures. skills by participating in opportur ollment programs. o various plans (e.g., costs of pub g educational/training requirem ze, and use creative skills and ide ls. eing. reason. mic impacts of decisions.	ek to support t e common goo e common goo les, assumptior hities such as st olic, private, tra ents, costs, loan eas (e.g., 1.1.	to other d and d and ns, and tructured ining
Technology/Com	nputer Science and Design Thinking	Interdisciplinary	/ Standards	
<ul> <li>8.1.12. D.1 De fair use and/ou</li> <li>8.1.12. D.5 An and emerging to address per needs.</li> <li>8.1.12. F.1 Eva technologies a</li> </ul>	emonstrate appropriate application of copyright, rr Creative Commons to an original work. halyze the capabilities and limitations of current technology resources and assess their potential rsonal, social, lifelong learning, and career aluate the strengths and limitations of emerging and their impact on educational, career, or social needs.			

<ul> <li>8.2.12. B.4 Investigate a technology used in a given period of history, e.g., stone age, industrial revolution or information age, and identify their impact and how they may have changed to meet human needs and wants.</li> <li>8.1.12.A.1 Create a personal digital portfolio which reflects personal and academic interests, achievements, and career aspirations by using a variety of digital tools and resources.</li> <li>9.4.12.TL.1: Assess digital tools based on features such as accessibility options, capacities, and utility for accomplishing a specified task (e.g., W.11-12.6.).</li> <li>9.4.12.TL.4: Collaborate in online learning communities or social networks or virtual worlds to analyze and propose a resolution to a real-world problem.</li> </ul>	heck all that apply
Civic Literacy	Communication
Global Awareness	Critical Thinking and Problem Solving
Health Literacy	Collaboration
Financial, Economic, Business, & Entrepreneurial Literacy	Creativity and Innovation
Environmental Literacy	Other:
Essential Question(s)	
Enduring Understandings	
Student Learning Targets/Objectives	
Assessments	
Teaching and Le	arning Actions
Instructional Strategies	

Activities: Including G/T, SE, and ELL Differentiation	
Experiences (virtual and live field trips)	
Resources	
Pacing/ Time Frame:	

Unit IX			Grade(s)	
Unit Plan Title:				
Overview/Rationa	le			
New Jersey Stude	nt Learning Standards			
•				
Career Readiness,	Life Literacies, and Key Skills			
developmen 9.1.12.CFR.: organization 9.1.12.CFR.: human righ 9.1.12.CFR.: human righ 9.1.12.CFR.: human righ 9.1.12.CFR.: patterns of 9.2.12.CAP. learning exp 9.2.12.CAP. schools) and debt repayr 9.4.12.CI.1: 12prof.CR3a CRP2. Apply CRP3. Atten CRP4. Comr CRP5. Consi CRP6. Demo CRP7. Emple CRP8. Utilize	3: Research companies with corporate go ts. 4: Demonstrate an understanding of the behavior regarding money, saving, invest 2: Develop college and career readiness s periences, apprenticeships, and dual enro 4: Evaluate different careers and develop d timetables for achieving them, including ment. Demonstrate the ability to reflect, analyz	es. Ind compare organizations you see overnance policies supporting the overnance policies supporting the interrelationships among attitud sing, and work across cultures. skills by participating in opportur ollment programs. In various plans (e.g., costs of pub g educational/training requirement ee, and use creative skills and ide ls. eing. reason. mic impacts of decisions.	ek to support t e common good e common good les, assumption hities such as st olic, private, trai ents, costs, loan eas (e.g., 1.1.	o other d and d and is, and cructured ining
Technology/Com	puter Science and Design Thinking	Interdisciplinary	/ Standards	

٠	8.1.12. D.1 Demonstrate appropriate application of copyright,
	fair use and/or Creative Commons to an original work.
٠	8.1.12. D.5 Analyze the capabilities and limitations of current
	and emerging technology resources and assess their potential
	to address personal, social, lifelong learning, and career
	needs.
٠	8.1.12. F.1 Evaluate the strengths and limitations of emerging
	technologies and their impact on educational, career,
	personal and or social needs.
٠	8.2.12. B.4 Investigate a technology used in a given period of
	history, e.g., stone age, industrial revolution or information
	age, and identify their impact and how they may have
	changed to meet human needs and wants.
•	8.1.12.A.1 Create a personal digital portfolio which reflects
	personal and academic interests, achievements, and career
	aspirations by using a variety of digital tools and resources.
٠	9.4.12.TL.1: Assess digital tools based on features such as
	accessibility options, capacities, and utility for accomplishing
	a specified task (e.g., W.11-12.6.).
٠	9.4.12.TL.4: Collaborate in online learning communities or
	social networks or virtual worlds to analyze and propose a
	resolution to a real-world problem.

21 Century Skins. Check an that apply					
Civic Literacy		Communication			
Global Awareness		Critical Thinking and Problem Solving			
Health Literacy		Collaboration			
Financial, Economic, Business, & Entrepreneurial Literacy		Creativity and Innovation			
Environmental Literacy	,	Other:			
Essential Question(s)					
Enduring Understandings					
Student Learning Targets/Objectives					
Assessments					
Teaching and Learning Actions					
Instructional Strategies					

## 21<sup>st</sup> Century Skills: Check all that apply

Activities: Including G/T, SE, and ELL Differentiation	
Experiences (virtual and live field trips)	
Resources	
Pacing/ Time Frame:	

Unit XI		Grade(s)		Grade(s)				
Unit Plan Title:								
Overview/Rationale								
New Jersey Stude	nt Learning Standards							
Career Readiness, Life Literacies, and Key Skills								
<ul> <li>Career Readiness, Life Liferacies, and Key Skills</li> <li>9.1.12.CFR.1: Compare and contrast the role of philanthropy, volunteer service, and charities in community development and quality of life in a variety of cultures.</li> <li>9.1.12.CFR.2: Summarize causes important to you and compare organizations you seek to support to other organizations with similar missions</li> <li>9.1.12.CFR.3: Research companies with corporate governance policies supporting the common good and human rights.</li> <li>9.1.12.CFR.4: Demonstrate an understanding of the interrelationships among attitudes, assumptions, and patterns of behavior regarding money, saving, investing, and work across cultures.</li> <li>9.2.12.CAP.2: Develop college and career readiness skills by participating in opportunities such as structured learning experiences, apprenticeships, and dual enrollment programs.</li> <li>9.2.12.CAP.4: Evaluate different careers and develop various plans (e.g., costs of public, private, training schools) and timetables for achieving them, including educational/training requirements, costs, loans, and debt repayment.</li> <li>9.4.12.C1: Demonstrate the ability to reflect, analyze, and use creative skills and ideas (e.g., 1.1. 12prof.CR3).</li> <li>CRP2. Apply appropriate academic and technical skills.</li> <li>CRP3. Attend to personal health and financial well-being.</li> <li>CRP4. Communicate clearly and effectively and with reason.</li> <li>CRP5. Consider the environmental, social and economic impacts of decisions.</li> </ul>								
CRP7. Employ valid and reliable research strategies.								
<ul> <li>CRP8. Utilize critical thinking to make sense of problems and persevere in solving them.</li> </ul>								
<ul> <li>CRP11. Use technology to enhance productivity.</li> </ul>								
Technology/Com	puter Science and Design Thinking		Interdisciplinary	/ Standards				
21 <sup>st</sup> Century Skills: Check all that apply								
Civic Literacy		Х	Communication					
Global Awareness		Х	Critical Thinking and Pro	oblem Solving				

х	Health Literacy		Х	Collaboration		
	Financial, Economic, Bu Entrepreneurial Literacy		Х	Creativity and Innovation		
	Environmental Literacy			Other:		
Ess	ential Question(s)					
Enc	luring Understandings					
C+	dont Loorning Torgots (Ol	aiaatiyaa				
Stu	Student Learning Targets/Objectives					
Ass	essments					
		Teaching and Le	arniı	ng Actions		
In	structional Strategies					
Activities: Including G/T,						
SE,	and ELL Differentiation					
	eriences (virtual and field trips)					
Resources						
Рас	ing/ Time Frame:					

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